### NOVEMBER NEWSLETTER VOLUME II

#### **BY: MIN FEI GINTHER**

#### OCTOBER RECAP

#### **Trick or Treat Street**

Thank you to all the volunteers who handed out candy!

#### **Pie your Prof**

Thank you to the profs who let us pie them !!!

- Justin Garcia-Grace
- Charlotte Ardizzone
- Kelcie Kline

#### Other

- HCA IV Skills
- Flu Clinics
- Wound Care
- Newborns in Need
- NCLEX Webinar
- Chipotle Fundraiser

#### Reminders

Do something nice for yourself this break!

You are enough!

After break, it is only 2 weeks until winter break!

You got this :)

#### **Upcoming Events**

- Newborns in Need | November
  11th November 22nd
- Vision and Hearing
  Screenings | Multiple Dates

#### Happy Thanksgiving

RSNA is thankful for all the nursing students, staff, and faculty!

# PIE YOUR PROF

A HUGE thank you to Charlotte, Justin, and Kelcie for their sacrifice of being pied in the face!

Another HUGE thank you to all the participating students who risked it all to pie a prof!

## THANKFUL < 3

I'm grateful for so many things, especially during this holiday season! Like most people, I am extremely grateful for my friends and family. However, during the holidays and times of cold weather, I recognize how fortunate and grateful I am to have shelter, food, and resources to whatever I may need or want. There are many people, especially around our community, who do not have access to clean water, food, and shelter, the way that we do. That's why I am grateful to have more than I may need, because I am able to give back to the community and people who struggle extra hard during these times. It is a blessing to be safe and healthy, and I am grateful for it all. – Lauren



I am grateful for the constant support of my family and friends. Having people you can count on and go to during stressful times is something I am truly so thankful for and so lucky to have. I hope everyone has a support system they can rely on too. :) – Emma

Reflecting on my journey toward nursing school, I am grateful for the past four years and the support that helped me along the way. My parents played a huge role, especially with my mom being a teacher and my dad a first responder. They were always there to answer questions, talk through tough days, and celebrate every small victory. I'm also thankful for the encouragement from my friends, peers, and significant other, who kept me motivated, helped me unwind, and made the challenges of nursing school feel lighter. Lastly, I appreciate my professors for sharing their knowledge and preparing me to be the best nurse I can be. - Genavieve

I am grateful for my family and my friends. I am grateful to have a family that cares about me and wants to see me succeed. I have made some friends at Regis that I know I can rely on and will be part of my life after I graduate! – Abby



There are many things I am grateful and overall, I am thankful that I have made it this far in life. As many others, my family, friends, and partner are the reason I got to the point I have reached; and I will always be in debt to them for their support and encouragement. As well as being not only having my basic needs met, but also beyond that, like being able to go to school for nursing. I am and feel very blessed and look forward to giving back to the community any way I am able to. :)



- Min Fei

RSNA is grateful for all the nursing cohorts, staff, and faculty! Thank you all for the support, feedback, and participation in this group! We hope thee holidays, regardless of what you celebrate, is fun, relaxing, and memorable!